

Deelnemer	V	Snelste tijd	2011	2010	2009	2008	2007	2006	2005	2004	2003
Jelle Lugten		13.58.2	13.58.2								
Douwe de Vries		14.31.1	14.31.1	14.43.5							
Thijs Zonneveld		14.38.3			14.38.3	14:58,9					
Bert-Jan van der Veen		14:39,0					15:43,1		15:03,2	15:36,4	14:39,0
Jeroen de Vries		14:44,9							14:44,9		
Jelte Hiemstra		15:18,1			17.15.8	15:53,7			15:18,1		
Sander Kingma		15.18.7		15.18.7							
Miel Rozendaal		15:42,0							n.g.	15:56,7	15:42,0
Bart Veldkamp		15:44,0									15:44,0
Andrès Landman		15:50,2							16:39,6	15:50,2	
Ard Alders		15:50,9							15:50,9	16:10,7	
Raoul Daemen		15.59.4	15.59.43								
Niels Westra		16.01.0			16.01.0	16:06,8			16:50,6		
Alexander Kibalko		16:05,1							16:05,1		
Arjan de Rijk		16:22,7		16.50.3		16:22,7	16:36,0	17:11,3	18:27,9		
Hans van de Pol		16.24.1			16.24.1						
Menno Helvensteijn		16:29,6					16:29,6	17:10,1	18:16,0	19:48,5	
Albert Ruijgrok		16:31,8				16:31,8					
Krit Carlier		16:35,2							16:35,2		
Pierre Deen		16:47,0					16:47,0		18:17,2	19:24,8	
Clement-Jan Verheecke		16.50.2	16.50.2	17.33.0							
Andre Temme		16.51.0			16.51.0						
Frank Woltman		16:51,9							16:51,9		
Dolf Meijer		17:03,8								17:03,8	
Mart van de Vlugt		17:06,8								17:06,8	
Giel van Berkel		17:10,0		19.44.2		18:02,1	17:45,2				17:10,0
Henk Wiegant		17:11,2		17.52.6			17:11,2				
Martijn de Leur		17.13.8	17.13.8								
Joost Wijkhuise		17:14,0		19.33.1			17:42,8	17:14,0	17:54,8		
Jan Bot		17:19,2					17:48,7	17:19,2			

Peter de Leur		17.21.6	17.39.4	17.21.6	17.28.9						
Marja van der Werf	V	17:22,7					17:22,7	17:57,8			
Karlo Timmerman		17.25.8		17.25.8							
Jos Odekerken		17:26,0								18:48,9	17:26,0
Linze Dijkstra		17:26,2							17:26,2		
Hub Tummers		17.26.7	17.26.7	17.46.3							
Robert Schouwenaar		17:27,6								17:27,6	
Hans Hagendoorn		17:34,0								17:34,0	
Brak Storms		17:37,9				17:37,9					
Jan Willem Nijkamp		17.39.9	17.39.9								
Patrick Danko		17:43,9					17:43,9	20:15,3	18:11,5		
Rob van Kessel		17.45.5			17.45.5						
Maarten Hasselaar		17:47,1								17:47,1	
Michiel Visser		17.47.1			17.47.1						
Henri de Kok		17.59.2			17.59.2						
Bert Nijkoops		18.01.0			18.01.0	18:07,6	19:17,6				
Alan Otte		18.02.4			18.02.4	18:10,5					
Luk Smeijers		18.03.4			18.03.4						
Rob van der Luit		18:06,2			18.58.1	18:49,5	18:32,6	18:06,2	19:32,6	18:51,4	
Evert van Jole		18:10,0									18:10,0
Ruud Dobbelaar		18:10,2					18:10,2				
Leo Groenewegen		18:16,1				18:16,1	18:48,7	19:00,0			
Maarten Ducrot		18:16,9							18:16,9		
Erik van Leeuwen		18:17,0									18:17,0
Tim Krabbé		18:27,2	20.15.4	21.57.2	19.02.9	18:27,2	19:35,2	18:49,3	18:40,1	20:49,7	
Teun Munnik		18:29,2			19.27.8					18:29,2	
Ger Bongers		18:35,7				18:35,7					
Marieke Jansz	V	18:38,0									18:38,0
Hans Hornstra		18:38,4								18:38,4	
Jeroen Nolden		18.41.9	18.41.9								
Rob Schuurink		18:44,6								18:44,6	
Willem Smolders		18:50,1				19:53,1	18:50,1	20:05,8			
Rogier van Erkel		18.52.7	18.52.7								
Bas Fetter		19.03.4		19.03.4							

Jan Schouwenaar		19:05,1				19:05,1			20:23,6		
Bauke Thijsseling		19:08,4							19:08,4		
Marc Bierens		19:09,3				19:09,3	21:50,4				
Erwin Warmendam		19:14,9								19:14,9	
Peter van den Bogert		19:17,1				19:17,1	22:48,5				
Bart Doorenbosch		19:19,9							19:19,9	20:53,9	
Machiel van Keulen		19:21,3							19:21,3		
Joris van Dijk		19:22,6							19:22,6		
Joop van Vliet		19.26.3			19.26.3						
Wim Schoonderbeek		19:31,7								19:31,7	
Hedwig Vaes		19.33.2			19.33.2						
Joop van Leeuwen		19:35,7							19:40,2	19:35,7	
Jan Hoogsteen		19:40,0								20:46,5	19:40,0
Dierik Cras		19.46.1	19.46.1								
Dennis van der Meiden		19:46,4	19.56.0			19:56,1	19:46,4				
Rebecca Smolders	V	19:50,3					19:50,3	20:19,4			
Jarich Jenema		19:51,0									19:51,0
Robert Leonard Groters		19:52,9								19:52,9	
Michiel Balemans		19.53.3	19.53.3								
Gief van Schijndel		20.02.5		20.02.5							
Ivo van den Elzen		20.06.5		20.06.5							
Frans van Cappelle		20:10,0									20:10,0
Jos Schutjes		20:10,5								20:10,5	
Pieter Jukema		20:11,0									20:11,0
Erik Hendriks		20:13,2					20:13,2				
Erik d'Ailly		20:14,1					20:14,1				
Bart Bierbooms		20:16,7			20.34.5	20:16,7					
Maarten van Zon		20:21,9			20.21.9						
Ann Kirschenmann	V	20:22,8					20:31,8	20:22,8			
Mark Bakker		20:26,0									20:26,0
Peter Tengeler		20:29,3					20:29,3		21:43,5		
Wilko Apperloo		20:31,9				20:31,9			21:50,5	22:05,0	26:28,0
Kees Besselaar		20:34,2								20:34,2	
Paul Wevers		20:42,3			21.30.0	20:42,3			21:50,2		
Alex van Dijk		20.47.9			20.47.9						



Ricky Slingerland	V	22:27,9				22:27,9	22:30,7	n.g.	24:46,2		
Jan Vijfhuysen		22:29,6							22:29,6		
Walter Fransen		22:30,6						22:30,6			
Jan Mastenbroek		22.35.0		22.35.0							
Cornelis Blom		22:36,7							22:36,7		
Alex van Rijt		22.40.6	22.40.6								
Bert Schotanus		22:43,5				22:43,5					
Jan Velthuysen		22:45,3							22:45,3	24:24,9	
Bart Jungmann		22:53,0									22:53,0
Nico Oskam		22:54,9		23.09.3	22:54,9	23:03,7	24:01,1		24:59,2		
Hans Hagen		22:56,4							22:56,4		
Roelof Vos		22:57.9	22.57.9						23:48,6	24:30,5	
Toon Spijkers		23.01.9		23.01.9							
Paul Doorenbosch		23:04,2							23:04,2	23:25,0	
Perry Leijen		23.10.3	23.10.3								
Marc Meuwissen		23.13.4	23.13.4								
Piet Ruijgrok		23:17.9				23:17.9					
Eef Peelen		23:21,6							23:21,6		
Danny Feteridge		23:24,3							23:24,3		
Simone Prins	V	23:24,9					23:24,9				
Carien Kleibeuker	V	23:26,1					23:26,1				
Michael van Dijk		23.28.0		23.28.0							
Lidy Schouwenaar	V	23:29,3								23:29,3	
Pieter Waij		23:38,6								23:38,6	
Geerten Gerritsen		23.44.3		23.44.3							
Pieter de Kroon		23.50.3		23.50.3							
Bert Rossum		23:54,0							23:54,0		
Marlies Aanhanen	V	23.12.5		23.12.5	24:15,5						
Wouter Post		24.09.5	24.09.5								
Anke Rotink	V	24.10.3	24.10.3								
Gert Spijker		24:12,0									24:12,0
Ed Steffens		24:21,4							24:21,4		
Arie Kanneworff		24:29,0									24:29,0
Michel Helvensteijn		24:40,9				24:40,9	25:01,3	25:09,7	26:55,9		
Berno Gerts		24:42,1				24:42,1					
Michel Zonneveld		24.45.1	24.45.1								

Klaas-Jan Dijkstra		24:52,9						24:52,9		
Joep Bartelsman		24:55,3				24:55,3				
Pieter Huisman		24:55,8							24:55,8	
Esther Winkelhuis	V	24.59.1		24.59.1						
Gerrit Oosterveld		25.01.9	25.01.9							
Jan van der Heijden		25.09.7		25.09.7						
Robert van Ingen		25.11.0			25.11.0					
Rob Post		25:15,3						25:15,3		
Meindert Brugman		25:21,4					n.g.	26:30,4	n.g.	25:21,4
Pim Broeren		25:30,5								25:30,5
Wim Dekker		25.33.4			25.33.4					
Hans Mulder		25.36.4	25.36.4							
Anton de Porto		26:09,2				26:09,2		27:58,0		
Jannes Brinksma		26.09.9			26.09.9					
Harry Nota		26:20,2					29:32,2	26:20,2	32:19,1	35:54,8
Leo Hardus		26.23.9	26.23.9							
Jeanne Maasakker	V	26:26,6								26:26,6
Ton Konig		26:41,4				26:41,4				
Mary van der Kemp		26:41,4				26:41,4				
Ton Roozen		26.44.2			26.44.2					
Job van Zon		26.48.5		26.48.5						
Ab Terstege		27:11,0							27:11,0	
Jan Wiggerman		27:29,7				27:29,7				
Jan Gerard Groters		28:05,9								28:05,9
Sandy Mensing		28.55.0			28.55.0					
Diederick Westerhuis		28:35,2								28:35,2
László Matus		29.02.3	29.02.3							
Carel Helder		31:02,0								31:02,0
Joost van Zoest		32.28.4	32.28.4							
Bart Dekker		40.49.4	40.49.4							